

# Praise and Rescue

**M-3.30**

Score

Psalm 30 - 17th Sunday in Ordinary Time - Year B

T.E. Ewing

Voice

I will praise you, Lord, for you have res-cued me, For  
 you have res-cued me. I will ex-tol you, O LORD, for you drew me clear  
 andDidNotLetMyEnemiesRe-joice o-ver me. O LORD, you brought me up from the  
 ne-ther-world; you pre-servedMeFromAmongThoseGoing down in-to the pit. Sing  
 praise to the LORD, you his faith-ful ones, and give thanksToHis ho-ly name. For his  
 an-ger lasts but a mo-ment; a life-time, his good will. At night-fall, weep-ing en-ters in, but  
 with the dawn, re-joic-ing. Hear, O LORD, and have pi-ty on me;  
 OLORD,BeMy help-er. You changed my mourn-ing in-to danc-ing; O  
 LORD, my God, for-ev-er will I give you thanks.